

### GEORGIA. SVANETI TREKKING

#### **PACKING LIST**

# **ESSENTIAL PERSONAL GEAR**

Backpack 50-60 Liter

Sleeping Bag (-5C)

Inflating Sleeping Pad

Trekking Poles

Headlamp

1L Bottle

Dry Bags

Sunglasses

Personal First Aid Kit

Power Bank

Sunscreen

Fast Drying Microfiber Travel Towel

Mug, Spoon, Bowl

Snacks

# **BOOTS & FOOTWEAR**

Waterproof Hiking boots

Camp Shoes

#### **CLOTHES**

Long Sleeve Hiking Shirt

Hiking T-shirt

Trekking Pants

3-4 Trekking Socks

Base layer Bottom

Base layer Top

Lightweight shorts

Fleece Jacket

Lightweight Primaloft/Down Jacket

Hardshell/Rain Jacket

Rain Pants

Hat for sun protection

Warm Hat

Lightweight Gloves

Underwear

PROVIDED BY US: Trekking tents

Cooking equipment (burner, gas canisters, pans etc.)

Medical kit