



## CHIMTARGA PASS TREK

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### PACKING LIST

#### ESSENTIAL PERSONAL GEAR

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Backpack 50-60 Liter  
Sleeping Bag (-7C)  
Inflating Sleeping Pad  
Trekking Poles  
Headlamp  
Filter Bottle  
1L Bottle  
Dry Bags  
Sunglasses  
Personal First Aid Kit  
Power Bank  
Sunscreen  
Fast Drying Microfiber Travel Towel  
Mug, Spoon, Bowl  
Snacks

#### BOOTS & FOOTWEAR

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Waterproof Trekking boots  
Camp Shoes

#### CLOTHES

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2 Long Sleeve Hiking Shirts  
Hiking T-shirt  
Trekking Pants  
3-4 Trekking Socks  
Base layer Bottom  
Base layer Top  
Lightweight shorts  
Fleece Jacket  
Lightweight Primaloft/Down Jacket  
Hardshell/Rain Jacket  
Rain Pants  
Hat for sun protection  
Warm Hat  
Lightweight Gloves  
Underwear

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**PROVIDED BY US:** Trekking tents  
Cooking equipment (burner, gas canisters, pans etc.)  
Water filters and water purification tablets  
Medical kit